# Therapeutic Counselling Diploma - AE401

This is a two year part-time qualification (1 full day per week) which gives learners the knowledge, skills and competencies to work as a therapeutic counsellor in an agency context.

It is designed to lead to an employed or voluntary role in a counselling agency in both health care and non-medical settings. Learners with sufficient experience can also begin working as independent practitioners in private practice.

## COURSE DETAILS

The Level 4 Diploma in Therapeutic Counselling is designed for those learners who are seeking to be professionally qualified counsellors.

- Professional Organisational Issues in Counselling — In this unit, learners will develop an understanding of the essential relationship between counsellors, as professionals, as well as the organisations and other people with which they may work.
- Counselling in a Diverse Society — In this unit, learners will explore the impact that diverse cultures and heritage can have on the client / counsellor therapeutic relationship in a multicultural society. They will also examine power issues within the counselling process.
- Counselling Theory — In this unit, learners will analyse one major theoretical approach to influence, inform and empower their practice as a counsellor. They will also compare other theoretical approaches alongside the major approach.
- Advanced Counselling Skills — Learners will demonstrate a range of skills illustrating their development as practitioners.
- Self-awareness for Counsellors — This unit aims to enable learners to increase self-awareness by analysing and evaluating the impact that their own counselling philosophy, counselling theory and practice has on self and relationships.
- Research Methodologies in Counselling — In this unit, learners will explore the importance of research in counselling. They will develop their research skills and will learn how to present findings.

- Counselling Placement — Learners will complete this unit linked to a supervised counselling placement practice of 100 hours. They will analyse how their theoretical approach has influenced their practice, and evaluate learning gained from supervision.

# TIMETABLE INFO

Tuesday 10:00 - 15:30

# ENTRY GUIDELINES

GCSE English, grade A*/9 - C/4

Level 2 and in-person Level 3 counselling skills qualifications, amounting to 190+ GLH.

Satisfactory interview/assessment/reference from previous tutor.

# ASSESSMENT METHOD

Continuous skills and personal development assessment together with a range of assignments, case studies, case presentations, self reviews and professional reports. Additionally you will be required to complete 100 hours in a skills placement. There is a placement portfolio to complete in the second year of the programme which is externally verified by the awarding organisation.

# ADDITIONAL INFORMATION

90% attendance is required but 100% is expected due to the experiential nature of the course.

Please be aware that if your long term goal is to work with vulnerable adults or any person under the age of 18, it will be necessary to undergo a Disclosure and Barring Service (DBS) check at any required college work placement, or eventual place of work.

Please note there are additional costs related to the course. These will be outlined at interview but include personal therapy; fees for membership of a professional body; personal indemnity insurance; supervision; DBS checks and residential trips. Please note that support may be available on a case-by-case basis for DBS checks.

For 2026/27 applications, the fee for this course will increase.

# WHEN DOES THIS COURSE RUN?

| CAMPUS | STARTS | ATTENDANCE | COURSE CODE | PLANNED TIME TABLE |
|---|---|---|---|---|
| | 09th Sep 2025 | Part Time | AE401-25 | |

**If you are aged 19 or over:**

Fee : £2225.00

Please note, there are no discounts for this course. If you are aged 19+, you may be able to apply for a 19+ Advanced Learner Loan (which is available for this course).

For advice and guidance, please contact Student Services via our online enquiry form

This information was current on 28th July, 2025 and may be subject to change.